

CEUS



Pathways: From knowledge to action
Free to attend, 2 CEUs
Available for a fee
Fri, April 17, 2026
9am to 1pm
NN Hopes - 4th St

An opportunity for students, interns, and licensed professionals to learn, discuss, question, and collaborate with seasoned colleagues. Topics include creating a successful internship with supportive supervisors and navigating ethical conundrums.

COLLABORATION WITH NV-AIECMH



We are excited to announce a collaboration with **NV-AIECMH** to offer a one-year complimentary membership (\$75 value) to new and current members of NCSC! Available for redemption **until June 30, 2026**

Email us at info@nevadacsc.org to redeem!
Check out nvaiecmh.org for more information

WHAT'S NEXT



Quarterly Social Gathering
Fri, May 8, 2026
4pm-5:30pm
Location TBD

Join us for an engaging evening at our next social gathering! This is a fantastic opportunity to connect with NCSC board members and fellow colleagues in a relaxed atmosphere. Take this chance to build relationships, share valuable resources, and offer mutual support.

BOARD OF DIRECTORS

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STAY CONNECTED

info@nevadacsc.org
Become a Member
www.nevadacsc.org



An opportunity to join the NCSC Board as a Member-at-large

We are currently looking for a volunteer who is interested in joining the NCSC Board! The ideal candidate is someone who has experience with financials, QuickBooks, and wants to help our nonprofit grow. By joining our board, you'll play a key role in shaping our organization's future and supporting our mission. The commitment includes monthly board meetings and joining a subcommittee. If you are interested, would like more information, or want to nominate someone, please reach out to us directly at info@nevadacsc.org

Jack, graduating in May with his M.A. in mental health counseling from a CACREP accredited program, is excited about an internship position he has just been offered with Jill, a local private practitioner who has several other interns working at her office. When Jack met with Jill, she offered him an opportunity to work with individuals, couples and families, which pleased Jack because he had not been able to take any graduate courses in couples or family therapy, and his university's clinic did not provide services to any clients other than individuals.

Jack is also excited about the compensation he will receive in this internship position.

He will be an independent contractor, and Jill says that his payment for services will be based on a 60% - 40% split of payments received from clients and insurance providers. Jill added that she bills all client services at \$175 per session regardless of CPT code. Jack is not familiar with CPT codes, but his calculations lead him to believe that he will receive \$105 (60% x \$175) per therapy session he has with clients. Now he can finally eat something other than Top Ramen for dinner.

What advice do you have for Jack?

Consider any ethical issues, any clinical issues, and any legal issues. What action might you take? And how will you document your choice?

Send Dr. Holt your thoughts at info@nevadacsc.org

VOICES FROM THE FIELD

A supervisor's perspective

by Nicole Auldridge, MFT

Internship is such a unique and heady experience. I can remember beginning my own internship with a giddy combination of excitement, fear, and grief. Excitement about finally getting to do the work that had taken so many years of effort, exhaustion, and expense to prepare for. Grief for the loss of my identity as a student and the structure and relative protection of grad school. And fear that I might do it wrong, that I might harm a client, that I might, after all, be inadequate to the profession that I still believe to be more of a spiritual calling than a job.

I was so fortunate to have excellent supervisors. Like many people, I grew up without good models for the life I wanted to lead and the person I wanted to become. While I expected internship to be a period of professional development, I was surprised to learn that it was, far more than that, a crucible for my own personhood. Beyond the clinical and ethical guidance I received, my wonderful supervision group provided a reparative experience in the form of clear models for how to be human and humane in a world that, too often, is not.

As we approach graduation and the launch of a new cohort of interns, we supervisors get the opportunity to vicariously reconnect with some of that early excitement.

Welcome to the profession, new therapists, we can't wait to meet you.

An intern's perspective

by Argent Alvarez Maloof, MFT-I

As mental health interns, we each have our own unique journey, and there are some shared experiences that come up along the way. For some, one of those is fear. It can show up as worrying about making a mistake with a client, handling documentation, or trying to balance clinical work with administrative tasks. Sometimes, there is also uncertainty about what a client really needs, how ethical guidelines apply, or how to navigate legal considerations alongside clinical judgment. These thoughts are completely normal, and yet, they can sometimes get in the way of fully being present and enjoying the work we care so much about...

In moments like these, connection can make a big difference.

Connecting with ourselves means slowing down enough to notice what's happening internally, our thoughts, emotions, and even physical reactions during sessions. Taking time to reflect helps us make sense of those experiences and respond with intention and care. Connecting with colleagues is just as important. Talking things through, asking questions, or simply sharing a moment from the day can be incredibly grounding. It is often a reminder that we are not alone in what we are feeling or figuring out. And of course, supervisors play a key role. Reaching out, being curious, and learning from their experience can support both our growth and our confidence. Over time, that support not only strengthens our work with clients, it may also help us feel more connected to and fulfilled.

CALL TO MEMBERSHIP

Nevada's mental health crisis is not slowing down — and neither is NCSC. But we need YOU.

If you're receiving this (news)letter, you've been part of the Nevada Coalition for Systemic Counseling before, and that means you already understand what we offer and what's at stake. Burnout among mental health professionals has reached a breaking point: national studies show more than half of clinicians report frequent burnout, driven by crushing caseloads, administrative burden, low reimbursement, and emotional exhaustion. When providers leave the field, access to care shrinks for the very communities we serve. In a state already struggling to recruit and retain clinicians, the people still here cannot afford to go it alone.

That's exactly why NCSC exists — and why YOUR MEMBERSHIP TO NCSC matters right now.

Since 2019, NCSC has been building something rare: a genuine community for Nevada's behavioral health professionals. CEU opportunities, peer connection events, supervisor/student/intern support, legislative advocacy, and more — all designed to keep clinicians skilled, connected, and sustainable in their work. NCSC has worked hard to keep events free or reduced-rate because we believe in investing in our members, not burdening them.

But that work runs on membership. Without it, we can't sustain what we've built — let alone grow it.

We're asking you to take one step today: **purchase or renew your membership.**

Membership directly funds the free and low-cost events and resources you've relied on. Renewing today ensures they're still here tomorrow.

Your return sends a message that this community is worth fighting for — and it helps ensure that every clinician in our community has somewhere to turn. We are stronger together, and we hope you'll help us invest in our amazing community.

With gratitude,
The NCSC Board

COMMUNITY CORNER



BEHAVIORAL HEALTH
ASSOCIATION OF NEVADA

Upcoming Workshops:

Topic: Resilience for Families: Navigating Substance Use and Mental Health Conditions

Date & Time: 4/16/26, 5/19/26, 8/20/26, 10/15/26

Location: Reno City Hall - 1 E. St Reno, NV 89501

Register here